

Coutts Crossing Public School

Newsletter



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Week 2 - 29th July 2019

Dear Parents and Caregivers,

This year, the school has been implementing a social-emotional wellbeing program called *You Can Do It*. Each week, all students K-6 participate in lessons to build their social skills and develop their emotional wellbeing. This term, I will be sharing information about *You Can Do It* lessons in each newsletter so families can talk with their children about what they've been learning and encourage them to use the same social-emotional strategies at home as well as at school.

In *You Can Do It* lessons this week, students will be learning to identify their feelings including the associated physical symptoms they may experience with different feelings and understand how to recognise both their own emotions and the emotions of others.

Michelle Dalglish

Cool card focus-

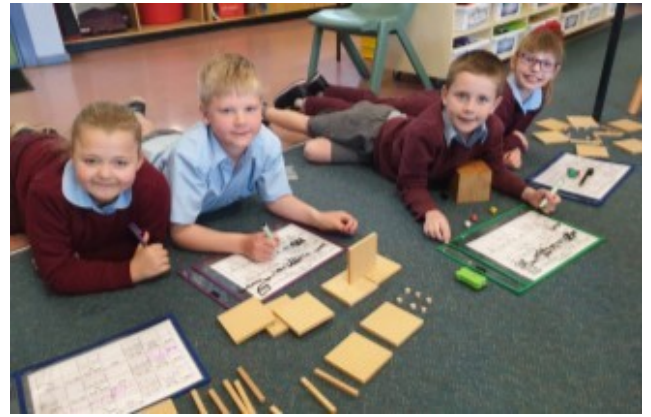
Each term, we focus on developing student's understanding and skills about a particular value or behaviour we would like to promote at our school. The Cool Card focus for Term 3 is Responsibility. Students will receive Cool Cards from staff when they are seen demonstrating responsible behaviour at school this term.

Important Dates

| This Week | Next Week | Coming Up |
|--|--|--|
| Thursday– Yr 4/5/6 Byron Writers Festival at the Saraton | Tuesday 6 Aug– Year 4 CAPA Day at SGHS Responsible Pet Program K-2 P&C Meeting 9.30am | 18 Aug– Vietnam Veterans Service 28 Aug– Small Schools Big Impact Concert 30 Aug– Coutts Cup Calcutta |
| Friday– Clarence District Athletics | Wednesday 7 Aug– Assembly 2.30pm | 31 Aug– Coutts Cup Race Day 4 Sep– Kindy 2020 Teddy Bear's Picnic 11 Sep– School Musical at SGHS |
| | Thursday 8 Aug– Open Day & Book Character Parade 9.45am | 17 Sep– Kindy 2020 Transition starts 20 Sep– Dudley Jones Tennis |

Classroom News 1/2-

Years One and Two have started the term in Mathematics by strengthening their understanding of whole numbers to 1000. We are learning to write, order and partition numbers using place value. The children have enjoyed playing 'Bingo' and the new game 'Roll it, Make it and Write it' to explore the value of different numbers. We have used base 10 blocks and our number charts to help us discover and display our answers. Everyone agreed that we had achieved our success criteria as we understood much more about partitioning numbers to 1000. We also had a lot of fun with these games.



Byron Writers Festival-

4/5/6 students will attend the Byron Writers Festival presentation at the Saraton Theatre on Thursday. Zoe and Georgia Norton –Lodge, co-creators of Elizabella, and Illustrator Tony Flowers, will be speaking for the two hour fun and informative session. Please return outstanding permission notes.

Education Week and Book Week-

Our school will be celebrating Education Week and Book Week together this term. This year's Book Week theme is 'Reading is my secret power'. On Thursday morning, 8th August (week 3) we will host our book character parade and open classrooms from 9.45am. We look forward to families joining us for this special event and invite parents to join their child/ren for recess after open classrooms.

Start getting your book character costume ready for next Thursday 8th August

Any book related costume is great - it does not have to be a super hero costume.

Clarence District Athletics-

Best of luck to our two young outstanding athletes, Kirsten and Sara, who have progressed to the Clarence District Athletics Carnival which will be held at Junction Hill this Friday. Kirsten will be competing in long jump and Sara will be competing in the 100m event. They are outstanding representatives of Coutts Crossing Public School and we wish them all the best for their events this Friday.

NSW Health Lunchbox Survey-

Our school has been selected to participate in a research project run by Northern NSW Local Health District looking at what affects people's food choices! As part of this research project, kindergarten and year 6 student lunchboxes will be surveyed in the next coming month.

The survey will be completed on a random day in August where a researcher will take photographs of student lunchboxes. Students will not be present during the survey or photography. Taking part in this research project is voluntary but extremely important for the study and we're really looking forward to hearing the results.

If your child is in either kindergarten or year 6, a consent form with further information has been sent home. It is really important that you return your consent form as soon as possible!

International Competitions & Assessments for Schools (2-6)-

ICAS notes were sent home with all students in years 2-6 last week. If you would like your child to participate in ICAS testing this year please refer to the note for details. Online payment and permission notes need to be completed by Tuesday 13th August.

Vietnam Veterans Day-

We invite our students and community to attend the 2019 Vietnam Veterans Day Service.

Date: Sunday 18th August 2019

Time: 5.00pm

Where: Memorial Park, by the river opposite The Crown Hotel in Grafton

This service will be different to past years as there will be no march. Children will gather behind the Veterans in the park.

Students should wear full school uniform.

Woolworths Earn & Learn-

We would like to thank our wonderful community for helping us collect 12626 stickers in the Earn & Learn promotion. We have ordered sports and classroom resources through Modern Teaching Aids, which is expected to arrive in Term 4.

NCCD-

The school is currently participating in the annual Nationally Consistent Collection of Data (NCCD). The NCCD enables schools, education authorities and governments to better understand the needs of students with a disability and how they can be best supported at school. Students are counted in the NCCD if they receive ongoing adjustments at school due to disability. These adjustments allow them to access education on the same basis as a child without disability. If you would like more information about the NCCD please contact the school office.

Y-PEP-

In the coming weeks, all classes will participate in live stream Y-PEP workshops. The aim of the Y-PEP program is to strengthen the existing child protection education curriculum outcomes delivered by school teachers. The program is aligned to the NESA PDHPE Syllabus focusing on the three key themes; Recognising Abuse, Power in Relationships and Protective Strategies. As a result of this program, children will have an increased awareness of safe and respectful relationships, increased knowledge and understanding of rights and responsibilities in relationships, increased skills in recognising and assessing risks and responding to unsafe situations.

Highly experienced and professional facilitators deliver the workshops suitable for varying levels of skills and to create age appropriate and engaging content for all students to feel safe.

Small Schools Big Impact-

The Eisteddfod dance group will be performing at the SSBI Concert at the Saraton Theatre on the evening of Wednesday 28th August. Parents will be contacted this week to confirm their child's availability and ticket requirements.

Year 4 CAPA Day at SGHS-

Next Tuesday, 6th August, Year 4 students have been invited to attend South Grafton High School for a fun CAPA transition day.

The day will run from 10.00am to 2.00pm, with transport to be provided by parents.

Students not attending SGHS should attend school as normal. Please return outstanding permission notes.



South Grafton High School Year 4 Creative and Performing Arts Day

Date: Tuesday 6th August 2019
Time: 10am to 2pm
Venue: South Grafton High School
(Please meet at front of hall)



Students will participate in a variety of activities such as artwork, music and dance.

The aim is to support student's transition to High School and to build connections across the students.

Students are to wear full school sports uniform. They are to bring lunch and water. Limited canteen facilities will also be available.

For more information please contact Mr Neil or Mrs Dewberry at South Grafton High School - 66421466

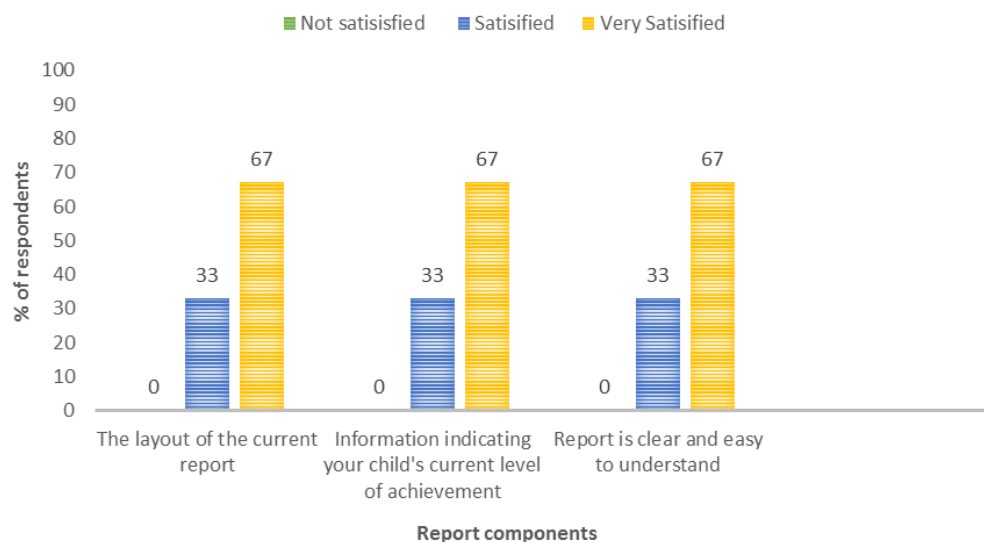
Kindergarten 2020-

Information on our Kindy 2020 Transition Program is included in this newsletter. Please spread the word to anyone with children starting Kindergarten next year. Please call and let us know if your child will be attending the Teddy Bear's Picnic and/or taking part in the Transition Program.

Survey results-

Thank you to the families who returned the term 2 survey about our current student academic reports. The feedback was overwhelmingly positive with 100% of respondents indicating they were either satisfied or very satisfied with the current report format and quality of information shared within student reports. We will continue to provide effective communication with families about student growth and performance this semester.

2019 PARENT SURVEY- Student Academic Report Feedback



Summary of findings-

67% of respondents indicated they were 'very satisfied' with the current layout of the report, the quality of information indicating their child's level of achievement and felt that the report was clear and easy to understand.

33% of respondents indicated they were 'satisfied' with the current layout of the report, the quality of information indicating their child's level of achievement and that the report was clear and easy to understand.

0% of respondents indicated they were 'not satisfied' with any surveyed component of the current academic reports.

Coutts Crossing Cricket Club-

The Coutts Crossing Cricket Club is looking for junior and senior players for their upcoming season. The cricket competition starts in early October. Please check our Facebook page or call if you would like more information.

Andrew McLaughlin 0418977996 or Terry Brien 0427659821

Coutts Crossing Public School *Transition to School Program*

Coutts Crossing Public School
would like to invite all
Pre School age children to a

Teddy Bear's Picnic

Come along to our school and spend some time
having fun with our Kindergarten students, then
stay and share a picnic with us.

Date: Wednesday 4th September

Time: 9.30 - 11.00am

Please bring: Morning tea and a drink, a blanket
(optional) and don't forget Teddy.

Parents Welcome



Coutts Crossing Public School

Transition to School Program

Our Transition to School Program will run each Tuesday commencing on Tuesday 17th September.

Time: 9.10am - 12.10pm

Children will need to bring a hat, little lunch, water and a piece of fruit or vegetables (to eat during our Crunch and Sip time).

Please call our school office on 66493225 to let us know if your child will be joining us for this great opportunity in getting ready for 'Big School'.

We look forward to meeting you.

Mrs Conyard

Kindergarten Teacher



Coutts Crossing Transition Program Dates 2019

Dear Parents/Carers

Below are the dates for Transition and times for transition 2019.

Term 3 Week 9 (17th September) - 1/2 Day Transition 9.10 - 12.10

Term 3 Week 10 (24th September) - 1/2 Day Transition 9.10 - 12.10

Term 4 Week 1 (25th October) - 1/2 Day Transition 9.10 - 12.10

Term 4 Week 2 (22nd October) - 1/2 Day Transition 9.10 - 12.10

Term 4 Week 3 (29th October) - 1/2 Day Transition 9.10 - 12.10

Term 4 Week 4 (5th November) - 1/2 Day Transition 9.10 - 12.10

Term 4 Week 5 (12th November) - Full Day Transition 9.10 - 3.10

Children bring recess, lunch, water and something for Crunch and Sip

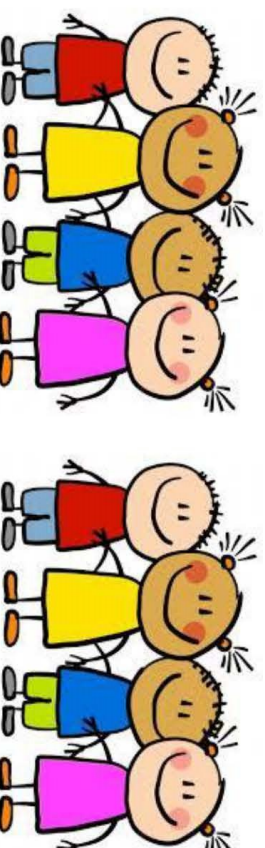
Term 4 Week 6 (19th November) - Full Day Transition 9.10 - 3.10

Term 4 Week 7 (26th November) - Full Day Transition 9.10 - 3.10

We will also have our Orientation Meeting for parents and Carers at 9.30 - 11.00 in our school hall on this day.

Kind Regards

Jo Conyard



Coutts Crossing Cup



Calcutta

Join us at Coutts Tavern for the Coutts Crossing Cup Calcutta
on Friday 30th August—
\$2 tickets on sale from 6pm
Calcutta drawn at 8.00pm

Race Day - CCPS P&C Fundraiser

WHEN: Saturday, 31st August, 2019

WHERE: Grafton Racecourse

TIME: Buses leave Coutts Tavern at 11.00 am
and will return after the last race

COST: \$15.00 per person

WHICH INCLUDES:-

Sausage Sizzle at the tavern - 10.00am
Bus to the racecourse & return
1 free drink at the racecourse

What's the **right**
balance for
your child?



For optimal health benefits, children and young people aged 5–17 years should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

You can read about the Australian 24-Hour Movement Guidelines for optimal health at:
<http://www.health.gov.au/internet/main/publishing.nsf/content/health-pubhlth-strateg-phys-act-guidelines#npa05>

KIDS SURVIVAL PACK

A handy snack, lunchbox addition or something to keep in the car for hungry kids, these survival packs can be modified to your families tastes. Get the kids involved in making them and use your favourite dried fruit, nuts and seeds to accompany the popcorn.

Ingredients (makes 20 small serves)

- 1 cup popping corn
- 1 1/2 cup dried apricot
- 1 1/2 cup dried apple
- 1 1/2 cup dried sultanas

Method

Chop dried apricot and dried apple into small pieces
Put popping corn in microwave safe dish. Microwave on high (100%) for four minutes on cook in a saucepan or fry pan as per packet instructions.
Stand popcorn for a minute to let cool
Mix remaining ingredients into the popcorn
Divide evenly into bowls, cups or zip lock bags and store in a cool, dry place.

For more simple tasty recipes visit:

<https://nswlhd.health.nsw.gov.au/health-promotion/healthy-eating-recipes/>

