



Coutts Crossing Public School

Newsletter

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Week 5 – 25th February, 2019

Dear Parents and Caregivers,

This Sunday 3rd March is 2019 Clean Up Australia Day. The school will be participating by cleaning up our playground for Schools Clean Up Day on Friday afternoon. Our SRC have been actively supporting our school to adopt environmentally friendly policies which reduce unnecessary waste. Students will have the opportunity to audit the rubbish collected during our clean up and make comparisons to last year, with the hope that we find a reduction in playground litter.

I would like to share a friendly reminder that families and community members are always welcome to contact me with any questions about the school. I am happy to make time to answer enquires, discuss any concerns or have a chat about the great things that are happening in our school.

Michelle Dalgliesh

In the weeks ahead

This week	Week 6	Coming up
Monday & Thursday- Student conferences Wednesday- MNC Swimming Carnival Friday- Schools Clean Up Day	Wednesday- Assembly 2.30pm	12/3 P&C Meeting 9.30am 15/3 SGHS Year 6 Sport Day 20/3 Harmony Day 21/3 Cross Country 10/4 Circus Challenge

Student Teacher Conferences-

Throughout this week every student K-6 will have the opportunity to sit down one-on-one with their classroom teacher to discuss their learning progress, receive explicit feedback about how they can improve and set individual learning goals. We will be conducting these conferences twice each term to enable students to engage with their learning as we focus on providing individual support to help every child reach their potential.



Week 4 assembly-
Kindy's first awards, Writers of
the Fortnight, class awards &
SRC members received their
badges. Congratulations!

Swimming Superstars-

Megan, Traice and Angas competed at the Clarence District Swimming Carnival at Grafton last Thursday.

They all put in a fantastic effort in the pool and swam great times, with Megan qualifying to compete in the 50m Butterfly at the Mid-North Coast Swimming Carnival. Megan has had some outstanding performances in the pool this year and we wish her all the best at the next event.



Bebras-

This year students in years 3-6 have the opportunity to participate in Bebras Australia. Bebras Australia is an international student challenge run by the CSIRO. The goal is to promote Computational Thinking to students in a way that highlights student ability beyond science and mathematic skills. Using Computational Thinking Skills doesn't mean thinking like a computer - it is a way of thinking that promotes problem-solving and it can be used in every aspect of our lives.

Mr Woolridge is going to be hosting this exciting challenge with our primary students in March and September this year. Parental consent is required for students to participate. Permission notes will be distributed to all primary students this week. If you would like your child to participate, signed permission notes must be returned to school by Monday, 4th March.



Classroom News-

This fortnight in 2/3/4 we have been learning the mathematics strategy of using **doubles** for addition and subtraction. For example, using doubles to answer the question

$$6 + 7 =$$

$$6 + 6 = 12 \text{ and } 1 \text{ more} = 13$$

You can try out these questions at home using doubles. Let us know your answers and if you like this strategy!

$$5 + 6 =$$

$$4 + 5 =$$

$$10 + 11 =$$

$$8 - 4 =$$

$$10 - 5 =$$

$$11 - 5 =$$

Volunteers & parent helpers-

All volunteers involved in classroom activities and the canteen will need to complete an Appendix 5 Declaration for Volunteers, along with providing 100 points of identification. Please see the school office for the document or if you have any questions regarding this requirement. An Appendix 5 is not required if a current Working With Children Check number is provided to the school.

Piano for sale by tender-

The school has an old piano which is not being used. We would love to see this lovely piano go to a family where it will be loved and used to make beautiful music again so we have decided to put it up for tender with a zero reserve. It has not been tuned or maintained for many years and will undoubtedly need some work in order to restore it to its former glory. The new owner will need to arrange removal. If you are interested, please contact the office to make a bid or organise a viewing. Tenders close Friday, 1st March.



How to nurture a child's mental health



Actively listen before offering your advice



Be patient



Share your feelings and validate theirs



Tell the truth



Model healthy behavior



Surround them with healthy adults



Be consistent and follow through with what you promise



Teach them how to be safe



Believe them and in them



Use open ended questions



Have scheduled family time



Limit electronic time for everyone



Reach out and hug them



Practice relaxation exercises together



Model forgiveness



Respond calmly when their emotions are elevated



View their behavior as a window to their needs and feelings



Make play and exercise a requirement



Recognize positive choices



Be present



Set and respect boundaries

